

How to...



Do Halloween face painting



Name:
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Halloween is the perfect time to try out some face painting, but have you ever wondered why we do it? Face painting is one of the oldest art

forms, practised for thousands of years by people all over the world. Some people painted their faces to help them hunt, others as part of religious ceremonies or celebrations. Today, face painting is used for fun. It's typically worn by performers on stage, by fans at sporting events and – of course – for Halloween parties. Some designs can be complicated or a bit too creepy but here are six simple steps that will transform your face into the perfect pumpkin. You can adapt the design in any way you like by bringing your own ideas and features, but follow the same rules.

Grab a grown-up, take your face paints, a sponge and brush and start painting. Don't forget to share your face painting pictures with us too at hello@theweekjunior.co.uk

What you need

- Hair bands or hair clips (if you have long hair)
- A mirror
- Face paints or face crayons (orange, black, green and red)
- A make-up sponge and brush
- A cup or pot of clean water

Give yourself a scary makeover.

WARNING!
Ask an adult before you start face painting and check that the face paints are child-friendly.



ANCIENT ART
Humans have painted their faces and bodies for thousands of years. They used berries, charcoal and clay.

1 Get properly prepared

Wash your face and hands. Clip your hair back, then cover the table and set up a mirror. Wear an old top with a loose neck if you're changing into a costume later.



2 Draw a border

Take your orange face crayon (if you don't have face crayons, use a brush). Slowly and steadily draw a border around your face in a heart shape.



3 Dab on colour

Dab the sponge into the orange face paint. Gradually cover your face in orange by dabbing paint onto your face using the sponge and slowly building up the colour. Stay inside the heart border. Leave a space around your eyes and mouth.



4 Add detail

Take the red crayon and draw lines top to bottom of your face. Next, use the green face crayon to draw a stalk shape at the top of your head.



5 Define the nose and eyes

With your black face crayon, outline the orange border. Draw two triangles from the corner of your eyes to the centre of your eyebrow. Draw a small triangle on your nose.



6 Add finishing touches

Outline your mouth and lips and add some extra lines on the cheeks. Strike a pose. You're ready to scare!



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