Create art like Jackson Pollock

What you need

- Shoebox with lid
- Paper
- Paint
- Small objects you don't mind getting covered in paint

Reflection of the Big Dipper by

ello again, Olaf Falafel here – comedian, illustrator, and full-time Chewbacca lookalike (if Chewbacca wore a baseball cap). I'm also the host of Art Club – the online art show with three simple rules. Rule one: There are no rules. Rule two: Ignore the first rule. Rule three: Always wear stripes.

The Week Junior has asked me to share some of my favourite art techniques. This one is from Jackson

Pollock, an artist who definitely didn't follow the rules. Pollock is probably one of the messiest painters around. He used to lay huge canvases on the floor of his studio and then drip, flick and throw paint on them to create abstract works of art. He was often known as Jack the Dripper, and you can sometimes spot footprints on his art where he accidentally stepped on them. I'm going to show you how to make a "shoebox Pollock". This is one of my all-time favourite art activities for three reasons. Firstly, it's very energetic, secondly I get to wear a fancy apron and thirdly, shoebox Pollock is a very funny name.

See Olaf Falafel's Summer Art Challenge at tinyurl.com/TWJ-summerart





Get your shoebox, paper, paint and some smallish objects you don't mind getting paint on. (I used a ball, a die, a marble and a Hagrid figure that I "borrowed" from my daughter.)



This is really simple and a lot of fun – the first thing you'll need to do is place the sheet of paper inside your shoebox and then completely coat one of your objects with one type of paint.



Drop the paint-covered object in the box, put the lid on and shake. This is where art and exercise cross over! Although poor Hagrid might be getting a bit dizzy now.

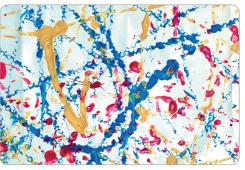


4 Once you think you've done enough shaking, remove the object and let your artwork dry before repeating the first two steps with a different object and a different paint colour.

15 August 2020 • The Week Junior



There's actually quite a lot of skill involved in knowing which colours go well together, which objects to use, how long to shake them for and also, when to stop. Just experiment!



Once you have made your artworks, leave them to dry, clean off your objects and, most importantly, replace Hagrid before your daughter finds out that you covered him in paint!

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Got an idea? Made something cool? Share it with us at hello@theweekjunior.co.uk