

How to...



Make a cheese, tomato and basil fried egg

What you need

- 1 egg
- 2 small cherry tomatoes
- Two basil leaves
- Small amount of Cheddar cheese (or any other kind of hard cheese)
- Olive oil
- 1 piece of toast (optional)
- 2 bowls
- Knife
- Chopping board
- Fork for mixing
- Grater
- Frying pan with a lid
- Plate

Instructions

Carefully crack the egg into a bowl. Next, separate the yolk from the white and put it in another bowl. You can use the hack below or do it carefully with your fingers. Just don't break it! Now, finely chop the tomatoes and basil into small pieces and grate the cheese. Put these ingredients into the bowl with the egg white and mix. Heat a little oil in the pan on a medium heat. Then pour the egg white from the bowl into the pan. After about two minutes, once it turns from transparent to white all over, carefully tip the egg yolk from the bowl onto the top of the egg white. Cover with a lid and leave for about two minutes. If you don't want a runny yolk, cook it for a little longer. Take the pan off the heat and slide the fried egg onto a plate or a piece of toast and enjoy.



WARNING!
Get an adult to help with sharp knives and hot pans.

CRACKING IDEA

Use this hack in the egg recipe above.



Separate the yolk from an egg

What you need

- 1 egg
- 1 empty plastic bottle
- 2 bowls

Instructions

Crack an egg into a bowl, making sure the yolk doesn't break. Then squeeze the middle of the bottle. Now place the open end over the yolk. Gently release the bottle and the yolk will be sucked up into it, leaving the white behind. Pour the yolk out of the bottle into another bowl.

Put on your own play

What you need

- Dressing-up box
- Props
- Paper
- Pens

Instructions

Putting on a play is all about playing characters, messing around with ideas and having fun. To begin, choose which type of characters you want in your play. You could have a villain, a hero or heroine, or you can base it on characters from books or films, such as *Mary Poppins*. Find clothes your characters might wear, then add props like a walking stick or an umbrella. Dressing up will help you take on their personality. Play around with different ideas for your storyline, but allow some moments where you can make things up on the spot. Then invite an audience to watch your play. You could make a programme in advance, to introduce the audience to the different characters. Good luck, or as actors say, "Break a leg"!

Pretend to be someone else.



Got an idea? Made something cool? Share it with us at hello@theweekjunior.co.uk