

How to...



Make tomato toast with garlic

What you need

- 3 medium-sized, very ripe tomatoes
- 2 cloves of garlic
- 6 slices of crusty white bread
- Salt
- Olive oil
- Sharp knife
- Toaster
- Plate

Instructions

To begin, roughly (and carefully) chop the tomatoes. Next toast your slices of white bread. While you're waiting for them to turn brown, cut your two garlic cloves in half. When your toast is ready, place on a plate and rub it with the inside of the garlic half. Top with the freshly chopped tomatoes and sprinkle with a pinch of salt. Drizzle with a little olive oil. Enjoy!



WARNING!
Take care when using a sharp knife – use only under adult supervision.



Create a funny face

What you need

- White card
- Pencil
- Coloured pens
- Scissors
- Lolly sticks
- Tape

Instructions

First decide what funny face feature you'd like to make – for example a smile, a frown or a curly moustache. Using a pencil, draw out your chosen feature on the card then use your pens to colour it in. Once it's all coloured in, use a black pen to draw over your pencil lines and give your funny feature more definition. Carefully cut out your drawing and attach the lolly stick to the back using tape. Hold your funny feature up to your face to make your friends laugh.

DID YOU KNOW?
There are 43 muscles in the human face, which help create expressions such as a smile or a frown.

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MAKE PAPER-PLATE FLYING SAUCERS

Everyone knows that Dennis is the king of frisbee throwing. Why not make your own version and see how far you can launch it?

WHAT YOU NEED

- Two paper plates
- Clear sticky tape
- Scissors
- Marker pens

STEP ONE

With the plates the right side up, cover both of them with strips of sticky tape. Don't worry if it goes over the edges, simply trim off any extra bits of tape once you're finished.

STEP TWO

Next, place a lid or a saucer in the centre of one of the paper plates. Draw around it so you get a perfect circle. Ask an adult to pierce a hole in the middle of the circle, so that you can cut it out. Repeat this process with the other plate so that you now have two rings.

STEP THREE

Turn the plates over and use your marker pens to decorate them with any design you like. Next, cover the newly decorated sides of the plates with tape. Let the tape hang over the edges and then trim the extra bits from one plate. Use the overhanging bits on the other plate to stick your two plates together (with the insides facing one another).

DID YOU KNOW?
The first frisbees were produced on 23 January 1957 in Connecticut, US.

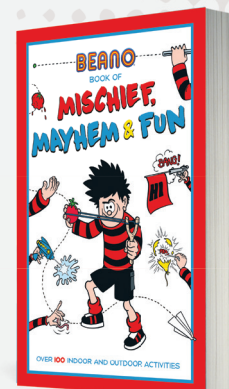
STEP FOUR

Once you have firmly fastened the two rings together, you're ready to launch your new paper-plate flying saucer!

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