

How to...



Make Koinobori flying fish

What you need

- Plastic bag
- Scissors
- Sticky tape
- Black pen – a permanent marker will work well
- Hole punch or a sharp pencil
- Ribbon/string

Instructions

Do you have lots of plastic bags lying around at home? Why not use them to make some beautiful Koinobori-style fish kites, which are traditional decorations in Japan. Cut a piece roughly 50 centimetres by 25 centimetres out of the bag. Fold it lengthways, with about two centimetres overlapping, and tape the whole length down to create a cylinder shape. Lay this flat and draw a big eye at one end of your "fish", then draw some scales. Repeat on the other side. Cut some long strips from the rest of the bag and attach them inside the tail end of the fish. Use a hole punch or a pencil to make two holes at the head end and push through some ribbon. Hang your fish from a tree or beside a window and watch it sway in the breeze.

CHILDREN'S DAY

In Japan, these fish are often flown like flags to celebrate Children's Day – parents will hang up a different coloured fish for each of their offspring.

You can make the designs as wild as you like.



WARNING!
Ask a grown-up to help you use the toaster and microwave.

Scrambled eggs are delicious and easy.



Cook easy scrambled eggs on toast

What you need

- 2 eggs
- 2 tablespoons milk
- Pinch of salt and pepper
- 2 slices bread
- A knob of butter
- Microwave-proof bowl
- Fork
- Microwave
- Toaster
- Plate
- Knife

Instructions

Beat the eggs and milk together in a microwave-proof bowl. Add a pinch of salt and pepper. Put the uncovered bowl into a microwave on high for one minute. While you're waiting, pop some slices of bread into the toaster. Remove the eggs from the microwave and stir with the fork. Return to the microwave and cook on high for 30 seconds. Put the toast on a plate, butter it and spoon the eggs on top.

Got an idea? Made something cool?
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ADVERTISEMENT FEATURE

WIN

a Kids Week London theatre trip with your family to see

The Comedy About a Bank Robbery at the Criterion Theatre, plus dinner at Busaba Eathai Restaurant



Kids Week runs throughout August and is a really cool way to see some of your favourite London theatre shows for free.

Doors to some of the West End's most famous theatres are welcoming kids for free to loads of performances, with more than 30 top shows to choose from. It's open to any child aged 16 or under, as long as they go with an adult paying full price. Kids Week also has free backstage tours and workshops; plus, don't forget all the fun places to visit and eat around London's theatre land.

Kids Week via Official London Theatre are offering one lucky reader the chance to win a FAMILY THEATRE TRIP to the fantastically funny *The Comedy About a*

Bank Robbery at London's Criterion Theatre in the West End. FOUR TICKETS ARE UP FOR GRABS, plus there's DINNER FOR FOUR worth £50 at Busaba Eathai Restaurant, Leicester Square.

For a chance to win this great prize, ask a parent or guardian aged 18 or over to read the terms and conditions at heartoflondonbid.london/events/kids-week-2017, then send your name, email address and phone number to kidsweek@heartoflondonbid.co.uk

www.kidsweek.co.uk



TERMS AND CONDITIONS: COMPETITION CLOSING MIDNIGHT FRIDAY 11 AUGUST. THE WINNER WILL BE ANNOUNCED IN THE 19 AUGUST ISSUE. FOR FULL TERMS AND CONDITIONS, PLEASE LOG ON TO HEARTOFLONDONBID.LONDON/EVENTS/KIDS-WEEK-2017