

How to...





-LAUGH Create a collage self-portrait

New paintings



A collage is when you put together different materials and images to create a new piece of art

Do this at the end of every term.



- Newspaper
- Magazines
- Scissors
- Paper
- Glue stick

Make no-cook pesto **Instructions**

What you need

- 2 cloves of garlic
- Pinch of salt
- 80g fresh basil
- 50g pine nuts
- 50g Parmesan 150ml olive oil
- 2 garlic cloves
- Pinch of salt
- Pestle and mortar
- Sharp knife

Mixing bowl

Peel the garlic, add a pinch of salt and crush with a pestle and mortar. Cut the basil and pine nuts as finely as possible with a knife (you may need the help of an adult), then mix the garlic with the basil and pine nuts in the mixing bowl. Next, add half the oil. Grate the Parmesan and add it to the mixture.

Stir in the rest of the oil. Serve it with pasta or spread it on fresh, crusty bread.

The Romans are said to have eaten something similar to pesto. Known as moretum, it was a paste made from garlic, cheese, herbs and vinegar



Instructions

This is all about reflecting your personality, rather than what you look like. Start by cutting out images and words from a newspaper or magazine. Think about words or pictures that reflect you as a person - your interests and hobbies and how you feel are good places to begin. Arrange the words and pictures onto some paper before gluing them down. This is an important step because it allows you to experiment with where things should be placed on the paper and how the different shapes and colours combine. When it's ready, stick them into place then ask family and friends if they recognise you from it.

Got an idea? Made something cool? Share it with us at hello@theweekjunior.co.uk

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