



Talk to anyone

Knowing how to start up a conversation is a great life skill.

Whether you're speaking to an old friend, a family member or someone you've just met at school, everyone gets stuck for words from time to time. If you're unsure of what to talk about with someone, here are three tips to help you break the silence. Plus, we've got nine great conversation starters to help you take the plunge and get chatting.

- 1 Start by smiling. If you look friendly and approachable, people will want to talk to you.
- 2 Be curious and ask questions. Most people like to talk about themselves, so if you show you're interested, they'll respond positively.
- 3 Listen carefully, nod and show that you are interested in what they are saying. Keep the conversation going by asking another question based on what they've told you.



ASK

"If you had three wishes, what would they be?"

COMPLIMENT

Say something nice such as, "I like your bag."

ASK

"Who is your hero and why?"

SHARE

Tell them your favourite fact from this week's issue.

ASK

"What superpower do you wish you had?"

COMMENT

Mention something you can both see.

ASK

"What's your favourite food?"

OFFER

Say, "Do you need any help with that?"

ASK

"What book would you recommend to me?"

Head to theweekjunior.co.uk/activityhub for more ideas and recipes.



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