

Wrap winter trees

Frost can be harsh on young trees.

What you will need:

- Warm clothes and gloves
- Wrapping material (e.g. bandages, fleece or hessian)
- Young trees

1 Head to an outdoor space where there are young trees. This could be a local park or your garden.

2 Take some wrapping material with you. When you find a young or tender tree, remove all of the damp leaves around the bottom of the trunk. Then, wrap the trunk of the tree in your chosen wrapping material, stuffing it with straw to keep it dry.

3 In spring, return to the trees you wrapped up and remove the wrapping gradually, so the tree can get used to the change in temperature.



How does it work?

The main reason why people wrap trees in winter is to prevent Sun scalding. This is when the tree bark heats up in the winter Sun. This may trick the tree into thinking summer is arriving and its cells can start to wake up. At night, temperatures drop and these cells die. Wrapping helps stop this from happening. Young trees and plants benefit the most from wrapping.

